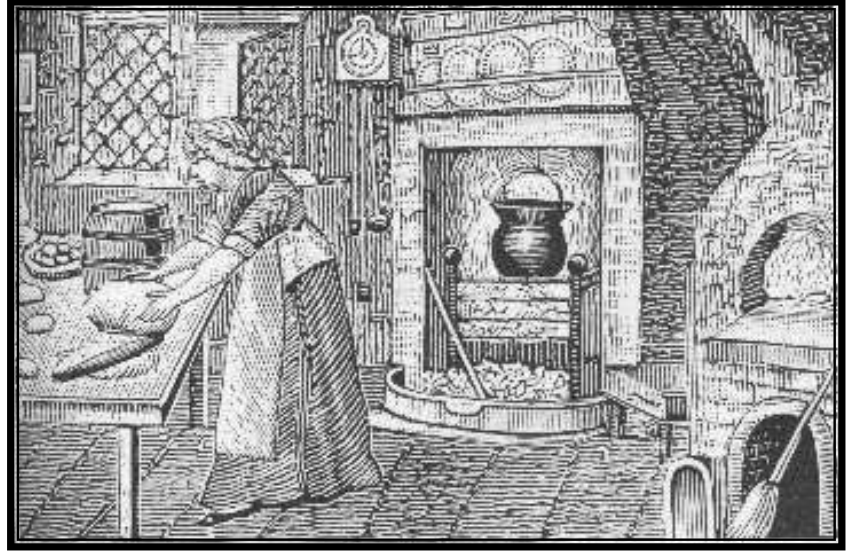




The Olde Scots Kitchin



Tayside Tang

Ingredients

2 oranges
100g (4oz) cheddar cheese, diced
1 grapefruit
4 slices of orange

Dressing:

2 tablespoons mayonnaise
3 tablespoons lemon juice
50g (2 oz) grated cheddar
Salt and pepper to taste
Paprika

Directions

Method:

Remove the skin and pith (membrane) from the whole oranges and grapefruit and cut into bite size pieces and mix with the diced cheese.

Make the dressing by combining the mayonnaise, grated cheese, lemon juice and seasoning to taste. Pour over the fruit and cheese. Place in individual dishes and sprinkle with paprika and add the slice of orange on top.